



the versatile and compact cycle maintenance stand

How to use your Cyclemate

Clamp the Cyclemate base securely into your Workmate, bench or vice

Insert the Lower Tube into the hole in the base

Insert the Top Tube into the Lower Tube. Your Cyclemate is now ready to be used.



- 1. Remove the saddle and seatpost from the cycle.
- Turn over the cycle and holding the front forks and seat stay, lower the cycle onto the Cyclemate, entering the top pin into the seat tube*.
 Secure the cycle with the seat clamp, if required.

You can now turn the cycle a full 360°, giving you easy access to carry out repairs as well as general maintenance and cleaning at a safe and comfortable working height.

*To ensure a perfect fit for your cycle, seat post shims can be supplied at a small additional cost if required.





Smaller than a book, but strong enough to support a full suspension mountain bike weighing more than 15kg!

It takes just seconds to assemble and due to its compact size, can easily be stored when not in use.

Available online from: www.redwoodhire.co.uk or call: 01565 650 134